

VIRTUAL STORYTIME







Today's theme will focus on the importance of good habits while being sick.

Otis has caught a cold and learns to rest, cover his sneezes and caughs, and to NOT share his germs.

BOOKS SHARED

- <u>Dear Daisy, Get Well Soon.</u>
 Maggie Smith. Crown
 Publishers. 2000
- Just a Little Sick. Mercer Mayer. Harper Collins Publishing. 2010



I NEED A TISSUE SONG

tune of "Old MacDonald"

I have myself a rotten cold... AA-AA-ACHOO!
I have myself a rotten cold... AA-AA-ACHOO
A sneeze sneeze here, a sneeze sneeze there...
I have myself a rotten cold... AA-AA-CHOO!

When I'm at school I catch my sneeze... AA-AA-CHOO! When I'm at school I catch my sneeze... AA-AA-CHOO! A tissue here, a tissue there...

When I'm at school I catch my sneeze... AA-AA-CHOO

To get rid of germs I wash my hands... Washy, washy, wash

So no one else will feel like this... Washy, Washy, Wash A wash, wash here, a wash wash there...

To get rid of germs, I wash my hands... Washy, washy, wash



PARENT'S TIP

Use glitter to demonstrate how germs can very easily pass from one person to another.

- 1. Have your child pretend to sneeze in his/her hands.
- 2. Sprinkle glitter on your child's hands to represent germs.
- 3. Encourage him/her to do grab an object or rub his/her face or give a high five.
- 4. Let your child see how the glitter "germs" can spread to make people sick.



HAND WASHING SONG

tune of Twinkle, Twinkle Little Star

I can wash my hands you see, Wash them clean as clean can be.

Inside, outside, my fingers, too Around my thumbs and then I'm through,

Now rinse away the dirt and stains, Send those germs down the drain!



